

A Patient Survey

INOCA International partnered with Professor C. Noel Bairey Merz and Professor Martha Gulati on an international survey looking at The impact of Living With INOCA

INOCA International and Prof. C. Noel Bairey Merz and Prof. Martha Gulati



conducted an international survey



with



respondents



Physical Health



Fitness > 8 METS

7 in 10 had a METS score over 8 prior to INOCA. This dropped to 1 in 10 after onset of INOCA symptoms

Mental Health



7 in 10

reported that INOCA adversely affects their mental health

The impact of living with INOCA

Social Health



8 in 10

said INOCA conditions adversely affect their social life

Work and Disability



7 out of 10

said INOCA adversely affected their work life

INOCA conditions lead to adverse impacts on home life, relationships, social life and functional capacity

Martha Gulati, Najah Khan, Maria George, Colin Berry, Alaide Chieffo, Paolo G. Camici, Filippo Crea, Juan-Carlos Kaski, Mario Marzilli, C Noel Bairey Merz

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Posters by Alex Koch

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