



NEWSLETTER

JULY 2023



Welcome to the 2023 Meeting Of Minds Special Edition Newsletter!

It is our absolute pleasure to remind everyone that the 2023 Meeting of Minds is nearly here!

The Dorchester in London have yet again very generously offered to host our Meeting of Minds which will take place on the 30th August.

All invitations have now been sent out. However, no one needs to miss out, as all the presentations from the meeting will be recorded and will be uploaded to the INOCA International website as soon as possible after the meeting.

As always, our video presentations will be available to view free of charge on the INOCA International website. You can also see some of the photos and videos from our 2019 Meeting of Minds below -

www.INOCAInternational.com/gallery

<https://inocainternational.com/video-presentations-from-the-meeting-of-minds>

www.INOCAInternational.com



We are honoured to welcome esteemed professors, cardiologists, health care professionals and patients from around the world to present at The 2023 INOCA International Meeting of Minds.

Ladies and gentlemen, allow us to present...

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Our 2023 Medical Advisory Board speakers!

PROFESSOR JUAN-CARLOS KASKI

Chair of The INOCA International Medical Advisory Board



Professor Kaski is Professor of Cardiovascular Science (Emeritus) at St George's, University of London, Past-Director of the Cardiovascular and Cell Sciences Research Institute at St George's, University of London. He is Doctor Honoris Causa of several universities worldwide, and a past-President of the International Society of Cardiovascular Pharmacotherapy. He currently chairs the European Society of Cardiology Working Group on Cardiovascular Pharmacotherapy, and is Fellow of over 30 scientific societies worldwide. Professor Kaski is Editor-in-Chief, European Cardiology Review Journal, and Deputy Editor, European Heart Journal.

PROFESSOR C. NOEL BAIREY MERZ

Professor C. Noel Bairey Merz, MD, is Professor of Medicine at Cedars-Sinai Smidt Medical Center. She is a prolific lecturer and member of many professional organisations and has received numerous investigational grants. She also chairs the National Institutes of Health (NIH)-sponsored WISE (Women's Ischemic Syndrome Evaluation) initiative, investigating potential methods for more effective diagnosis and evaluation of ischemic heart disease in women. Her extensive scientific publication record spans 425+ scientific papers, 315+ abstracts, myriad book chapters, and countless peer-reviewed journals. Her research interests include women and cardiovascular disease, mental stress and heart disease, the role of exercise and stress management in reversing disease, the role of cholesterol and nutrition management in heart disease, and adverse pregnancy outcomes and cardiovascular disease.



PROFESSOR JOHN BELTRAME



Professor John F. Beltrame is the Michell Professor in Medicine at the University of Adelaide and Director of Research for the Central Adelaide Local Health Network. He has strong clinical and research interests in coronary heart disease, especially in relation to coronary vasomotor disorders, which evolved from his postgraduate studies in Rome, Kyoto and Boston. Along with Prof Noel Bairey Merz, he co-founded and co-chairs, COVADIS (Coronary Vasomotion Disorders International Study group), which promotes the diagnosis and treatment of patients afflicted with these disorders. Professor Beltrame's specific areas of expertise include the coronary slow flow phenomenon, vasospastic angina, MINOCA (Myocardial Infarction with Non-Obstructive Coronary Arteries) and persistent angina after successful stenting (Post-PCI Angina).

PROFESSOR COLIN BERRY

Professor Colin Berry holds a Chair in Cardiology and Imaging in the University of Glasgow. He is a Fellow of the Royal College of Physicians and Surgeons of Glasgow, the Royal College of Physicians of Edinburgh, the American College of Cardiology and the European Society of Cardiology. He is Director of Research and Development in the Golden Jubilee National Hospital, Consultant Cardiologist there and in the Queen Elizabeth University Hospital in Glasgow.



Professor Berry's subspecialty interests are Imaging and Interventional Cardiology. Professor Berry is also well known for his specialist expertise in researching and in treating INOCA conditions.

PROFESSOR PAOLO G. CAMICI



Professor Paolo G. Camici is Professor of Cardiology, Vita-Salute University, San Raffaele and a Senior Consultant in Cardiology, Department of Cardiovascular Medicine at San Raffaele Hospital in Milan. Up to April 2010 he was Professor of Cardiovascular Pathophysiology and Consultant Cardiologist at Hammersmith Hospital in London and is a Fellow of the American Heart Association, the American College of Cardiology, the European Society of Cardiology and Royal College of Physicians.

Professor Camici specialises in both the diagnosis and treatment of ischaemic heart disease and cardiomyopathies. Professor Camici is also Editor in Chief of the International Journal of Cardiology.

DR CHIARA BUCCIARELLI-DUCCI

Dr Bucciarelli-Ducci is a consultant cardiologist and imaging specialist at the Royal Brompton and Harefield Hospitals, Guys' and St Thomas NHS Trust in London, United Kingdom. She is also an honorary Reader (equivalent to Associate Professor) at the School of Biomedical Engineer and Imaging Sciences at King's College London. In 2022 she was awarded the prestigious Imperial College Alumni Emerging Leaders award and she has over 230 peer-reviewed publications.

Dr Bucciarelli-Ducci is recognised internationally for her knowledge and expertise in cardiac magnetic resonance imaging and regularly performs cardiovascular magnetic resonance imaging in patients with INOCA and MINOCA.



For information, videos, podcasts and patient videos, visit the INOCA International website at www.INOCAInternational.com

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DR AILSA CARE



Dr Care has just retired from the NHS having been a GP for over 25 years. She is also an Environmental and Functional Medicine Practitioner. Dr Care studied at Leeds University and trained to be a GP in Bradford. She worked as a GP in West Yorkshire and now works in a Functional Medicine Practice and The London Bioidentical Hormone Clinic treating hormonal imbalances. Dr Care is registered with the General Medical Council and is a member of the Royal College of General Practitioners, the British Society of Ecological Medicine and the Institute of Functional Medicine. Dr Care has an interest in Ischaemic Heart Disease and has over 20 years experience of managing INOCA.

PROFESSOR PETER COLLINS

Professor Peter Collins is Professor of Clinical Cardiology at the National Heart and Lung Institute, Imperial College London, and Consultant Cardiologist at the Royal Brompton Hospital, Royal Brompton and Harefield NHS Foundation Trust, London. Professor Collins principal clinical interests are in cardiovascular disease, and in coronary heart disease, chronic stable angina management, intractable angina, heart failure, valvar disease, hypertension, cardiovascular disease in women, hyperlipidaemia and the effect of a variety of hormones on the cardiovascular system including estrogens, progestogens, androgens, SERMS and phytoestrogens. Professor Collins has published extensively in these areas and was instrumental in establishing (in 1993) and running the weekly 'Women's Heart Clinic' at the Royal Brompton Hospital, one of the first of its kind in the UK.



PROFESSOR FILIPPO CREA



Professor Filippo Crea is Director of the Department of Cardiovascular and Thoracic Sciences at the Fondazione Policlinico Universitario A. Gemelli, Catholic University of the Sacred Heart. He is a Fellow of the American College of Cardiology and of the European Society of Cardiology and a member of the Congress Programme Committee of the European Society of Cardiology.

Professor Crea is also the Editor-in-Chief of The European Heart Journal, a member of the Editorial Board of "Circulation", "Clinical Cardiology" and "Revista Espagnole de Cardiologia" and past Associate Editor of "Heart". Professor Crea's main fields of interest are acute coronary syndromes, coronary microcirculation and stem cells.

Join us on
our Social
Media
Platforms!



NURSE CONSULTANT ASHLEY DAVIDSON

Ashley Davidson trained at the Royal London Hospital and qualified as a nurse in 1987. She has worked in the field of Cardiology since qualifying, both in this country and in Australia. She has worked both in the NHS and private sectors.

For the past 15 years she has managed all inpatient and outpatient cardiology services at Yeovil District Hospital in Somerset and is an Advanced Life Support instructor. She has been embedded in a Cardiac Rehabilitation team for 24 years and has been a non-medical prescriber for 14 years. She now works as a Cardiology Nurse Consultant specialising in the medical management of angina



DR RANIL DE SILVA



Dr de Silva completed training in general medicine, general cardiology and interventional cardiology at Royal Brompton, Chelsea and Westminster, Northwick Park, Hammersmith, and St. Mary's hospitals and undertook his PhD research while a medical student under the supervision of Professor Attilio Maseri and Professor Giovanni Mann at the MRC Cyclotron Unit at Hammersmith Hospital and the Research Institute for Brain and Blood Vessels in Akita, Japan.

Dr de Silva's research focused on assessment of the pathophysiology of myocardial ischaemia and reperfusion using cardiac positron emission tomography and his post doctoral work focused on X-ray fused with magnetic resonance imaging (MRI) and real-time MRI-guided endovascular intervention, with particular emphasis on targeted delivery of cardiac cell therapies.

PROFESSOR MARTHA GULATI

Professor Gulati is the President-Elect of the American Society for Preventive Cardiology and is the Editor-in-Chief of the American College of Cardiology "CardioSmart", the patient education and empowerment initiative. Professor Gulati also served as the chair of the national chest pain guidelines that were just released in late 2021.

Professor Gulati is passionate about the study of women and heart disease and also about the prevention of heart disease. She has many published articles in peer-reviewed publications, including The New England Journal of Medicine, Circulation, and Journal of the American Medical Association (JAMA) and her research has been featured in hundreds of newspapers across the world, including The New York Times and USA Today.



If you have a confirmed place at the INOCA International Meeting of Minds please make sure you bring your admission ticket and 2 forms of photo ID

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PROFESSOR THOMAS LÜSCHER

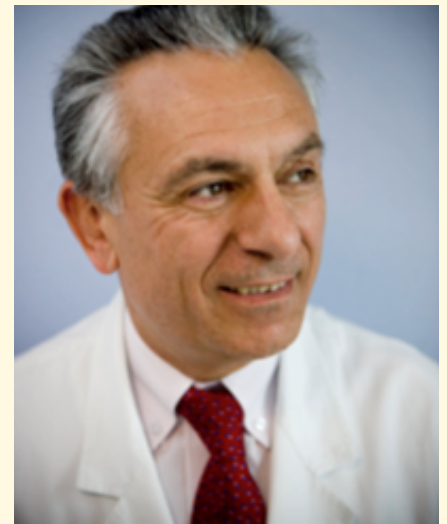


Professor Lüscher is Consultant Cardiologist at the Royal Brompton and Harefield Hospitals. He studied medicine at the University of Zurich and obtained board certification in internal medicine and cardiology. He then trained in cardiovascular research and in echocardiography at the Mayo Clinic in Rochester, MN, USA. He was later Professor of Pharmacotherapy at the University of Basel, then interventional cardiologist and professor of cardiology at the University of Berne. Following that he became professor and chairman of cardiology and director of the University Heart Centre at the University Hospital Zurich, and director of the Centre for Molecular Cardiology at the University of Zurich in Switzerland.

PROFESSOR MARIO MARZILLI

Professor Marzilli is Professor and Chairman of the Cardiovascular Medicine Division at the University of Pisa. He is also Director of the Post-Graduate School of Cardiology at the University of Pisa and has held many very senior positions in the field of Cardiology. Professor Marzilli is the Past Chair of the ESC Working Group on Coronary Pathophysiology and Microcirculation, the Past Co-ordinator of the Italian Society of Cardiology Microcirculatory Study Group and is a member of the International Society of Heart Research.

Professor Marzilli's special interest areas include Interventional Cardiology, Coronary Pathophysiology, Ischaemic Heart Disease and Clinical Pharmacology. Professor Marzilli is also the author of over 300 peer-reviewed manuscripts and is the editor/author of 9 books.



PROFESSOR DIVAKA PERERA



Professor Divaka Perera graduated in medicine from Cambridge University and completed his early clinical training at Addenbrooke's, Papworth and West Suffolk hospitals. He undertook specialist training in cardiology in south London and sub-speciality training in interventional cardiology at Guy's and St Thomas' NHS Foundation Trust and Brighton and Sussex University Hospitals. In 2008, he received a senior lectureship award from the Department of Health, Higher Education Funding Council for England (HEFCE) and the UK Clinical Research Collaboration (UKCRC). He was also appointed to the post of consultant cardiologist at Guy's and St Thomas' Hospital. He was promoted to reader in interventional cardiology in 2013 and to professor of cardiology in 2017. In

addition to his clinical and research roles, he teaches undergraduate medical students and supervises postgraduate researchers towards MSc, MD and PhD degrees at King's College London.

You can see the video presentations from the previous Meeting of Minds here - <https://inocainternational.com/video-presentations-from-the-meeting-of-minds>

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DR RAJAN SHARMA



Dr Rajan Sharma is a consultant cardiologist with specialist interest in valve disease, diseases of the aorta and complex echo imaging. Dr Sharma is active in research regularly presents at national and international meetings. He is committed to working with colleagues in a multidisciplinary format to improve patient care and is also committed to education. Dr Sharma has been a Consultant Cardiologist and Director of Echocardiography at St George's Hospital since 2010. Dr Sharma's clinical interests are complex echocardiography imaging including stress, valvular and aortic diseases, cardiac complications of pregnancy and renal disease. Dr Sharma has a special interest in Ischaemic Heart Disease and is Head of Cardiology at St George's University Hospital in London.

Please also now join us in welcoming
Our Esteemed Guest Speakers!

PROFESSOR JAGAT NARULA

President Elect of The World Heart Federation



Professor Jagat Narula is currently president-elect of the World Heart Federation and has served as editor-in-chief or executive editor of several pre-eminent scientific journals. He has received numerous professional accolades, including a Distinguished Scientist Award, a Gifted Educator Award, and an International Service Award from the American College of Cardiology, and has been recognised as one of the Masters of the College. Professor Jagat Narula, a world-renowned physician-scientist and leader in academic medicine, has been named executive vice president and chief academic officer at UTHealth Houston. Professor Narula's considerable and far-reaching experience includes

leading cardiology and cardiovascular imaging programs, as well as global health initiatives, conducting translational research that advances clinical care, and emphasising heart disease prevention for patients.

PROFESSOR EVA PRESCOTT

Professor Prescott heads the Centre for Cardiovascular Research at Bispebjerg Frederiksberg University Hospital, Copenhagen Her main research areas are in angina pectoris, cardiac rehabilitation and epidemiological studies of precursors of CVD, including gender differences and psychosocial factors and she has published more than 350 papers. Professor Prescott has initiated and participated in several national and international randomised trials mainly in stable coronary artery disease and rehabilitation. She is also the PI of the largest prospective multicentre study of women with angina and no obstructive epicardial disease focusing on the role of microvascular dysfunction. Professor Prescott has served the congress program committee and several ESC guidelines, has chaired the ESC working group on prevention, epidemiology and population science and is currently chair of the Clinical Practice Guidelines of the ESC.



PROFESSOR GIUSEPPE M.C.ROSANO



Giuseppe M.C. Rosano is Professor of Cardiology and Consultant Cardiologist at the St George's Hospitals NHS Trust University of London and Scientific Director of the Clinical and translational Centre at the IRCCS San Raffaele, in Rome. He is board member and President of the Heart Failure Association (HFA). Prof Rosano's areas of expertise include Heart Failure, cardiac metabolism, cardiovascular pharmacology and pharmacotherapy, heart disease in women and cardiovascular effects of sex hormones. He has a specific interest in chronic coronary syndromes and in angina with normal coronary arteries.

DR AISH SINHA



Dr Aish Sinha is a Cardiology Registrar and MRC Clinical Research Fellow at Guys and St Thomas and Kings College London. Dr Sinha works with Professor Divaka Perera and has a keen interest in the mechanisms of coronary microvascular disease. Dr Sinha has played a key role in a number of recent trials and studies relating to microvascular dysfunction and has co-authored in recent CMVD publications.

MARIA GEORGE

Maria is the Founder of INOCA International and has been an INOCA patient for many years. She is also a member of various international online angina support groups and is able to be a listening ear to the experiences and difficulties being encountered by thousands of INOCA patients around the world. In her role as Founder she is involved in regular discussions with doctors, cardiologists, professors, healthcare professionals and patients. Maria also records and edits interviews and podcasts. Together with her team, Maria brings about the many projects seen on the INOCA website.



LUCY FLANAGAN



Lucy was a Corporate Director when she started to feel unwell with INOCA. Her journey from first symptoms to diagnosis took over 8 years. Like many INOCA patients, Lucy was told that the symptoms were all in her head. She described the journey as 'soul destroying'. Lucy eventually sought out a referral to an INOCA specialist via the private route and the cause of her symptoms was identified. Lucy is now back to walking and gardening and is also back to working part-time. She looks forward to the day when INOCA is on the list of possibilities in all hospitals and when this level of diagnostic testing and tailored management is available to all INOCA patients.

SALLY NEWINGTON

Sally was a busy Mum with a young family when she started with INOCA symptoms. Sally was also a medical professional but her symptoms were still dismissed as it was felt she she did not meet the criteria for cardiac disease. Sally had a lonely and long-drawn-out battle to diagnosis which eroded her self-confidence and her self-esteem. Sally not only lost a career, but her family dynamics also changed dramatically as she went from a healthy young working mum to 'the mum who sits on the sofa under a blanket'.





Funding for this project was made possible in part by a grant from the World Heart Federation (The views expressed in written materials or publications do not necessarily reflect the official policies of World Heart Federation)

Our sincere thanks go to all the amazing individuals and organisations who have helped to make this year's INOCA International Meeting of Minds possible.

We especially thank our truly dedicated Medical Advisory Board and Management Team who give so very much of their time and expertise for the benefit of so very many around the world.

"THANK YOU"

If you have been offered a place at the meeting we look forward to seeing you there!

If you are not able to attend in person, we look forward to sharing the video presentations with you on the website very soon!

Please remember that if you are not able to attend the meeting in person you will not miss out on hearing our amazing speakers, as the presentations from the day will all be recorded and will be added to the INOCA International website where they can be viewed at leisure and completely free of charge!

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